

Foundation for 
Fort Mill Schools
PROMOTING EXCELLENCE IN EDUCATION

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FOR IMMEDIATE RELEASE

Body By Brady Donates to Foundation for Fort Mill Schools

Body by Brady, a personal training center in Fort Mill, has partnered with the Foundation for Fort Mill Schools to provide funding for physical fitness-centered needs in the Fort Mill School District.

Each month, Body by Brady hosts a charity workout with proceeds donated to the Fort Mill Fitness Initiative, a nonprofit created by Body by Brady and dedicated to improving the health and fitness of local youth by empowering them to live an active lifestyle at a young age. Proceeds from this month's charity workout, totaling \$1,000, were donated to the Foundation for Fort Mill Schools.

"I started the Fort Mill Fitness Initiative to give back to community I grew up in," said owner Matt Brady. "As a personal trainer, fitness is important to me and with obesity being a growing issue in the world today I wanted to help combat it from the beginning by empowering the youth in the community to live an active lifestyle from a young age. As a member of Body By Brady, there is nothing better than a charity workout. You get to improve your health while also helping out a great cause at the same time."

The Foundation for Fort Mill Schools is a nonprofit organization established in 2003 to promote academic excellence in the Fort Mill School District through direct financial support of innovative classroom projects, professional development, technology for the classroom, arts in education, scholarships for graduating seniors, and free school supplies for students in need.

Since the Foundation's creation in 2003, more than \$250,000 has been given by the Foundation to Fort Mill School District teachers, staff, and students in the scholarships and teacher grants. Last year, the Foundation awarded \$31,000 in scholarships.